



# Eagle Ridge Academy Lunch Menu

December  
2024

Fresh Fruit and Vegetable Selections Available Daily  
First Entrée is Vegetarian

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>2</b></p> <p>Garden Pasta Alfredo Crispy Chicken Nuggets Whole Grain Dinner Roll Turkey &amp; Cheese Flatbread Munchable Roasted Broccoli Variety of Veggies Fresh Fruit Bar Choice of Milk</p>	<p><b>3</b></p> <p>Arroz Con Queso Walking Taco Spanish Rice Turkey &amp; Cheese Flatbread Munchable Spiced Pinto Beans Variety of Veggies Fresh Fruit Bar Choice of Milk</p>	<p><b>4</b></p> <p>Fried Rice General Tso's Chicken Chicken Fried Rice Turkey &amp; Cheese Flatbread Munchable Steamed Carrots Variety of Veggies Fresh Fruit Bar Choice of Milk</p>	<p><b>5</b></p> <p>Spicy Black Bean Burger on a Bun Classic Cheeseburger Turkey &amp; Cheese Flatbread Munchable French Fries Variety of Veggies Fresh Fruit Bar Choice of Milk</p>	<p><b>6</b> LTO - Brussel Sprouts</p> <p>Homemade Cheese Pizza Fish Sandwich w/Cheese Turkey &amp; Cheese Flatbread Munchable Roasted Brussels Sprouts Variety of Veggies Fresh Fruit Bar Choice of Milk</p>
<p><b>9</b></p> <p>Creamy Macaroni &amp; Cheese Whole Grain Dinner Roll Corn Dog Yogurt Pak w/Pretzel Potato Wedges Variety of Veggies Fresh Fruit Bar Choice of Milk</p>	<p><b>10</b></p> <p>Bean &amp; Cheese Quesadilla Soft Beef Tacos Bamboo Jerk Chicken Sandwich w/ Pineapple Pico Yogurt Pak w/Pretzel Refried Beans Variety of Veggies Fresh Fruit Bar Choice of Milk</p>	<p><b>11</b></p> <p>Grilled Cheese Sandwich Chicken Potstickers Fried Rice Yogurt Pak w/Pretzel Bamboo Jerk Chicken Sandwich w/ Pineapple Pico Glazed Carrots Variety of Veggies Fresh Fruit Bar Choice of Milk</p>	<p><b>12</b></p> <p>Pizza Topped Potato Whole Grain Dinner Roll Crispy Chicken Patty Sandwich  Yogurt Pak w/Pretzel Garlic &amp; Herb Broccoli Variety of Veggies Fresh Fruit Bar Choice of Milk</p>	<p><b>13</b></p> <p>Homemade Cheese Pizza Chicken, Leek &amp; Penne Bake Yogurt Pak w/Pretzel Garlic Toast Steamed Green Beans Variety of Veggies Fresh Fruit Bar Choice of Milk</p>
<p><b>16</b> HOM - Sorrel</p> <p>Cheese Bosco Sticks Marinara Sauce Beef Poutine Whole Grain Dinner Roll Buffalo Chicken Salad Sorrel Soup French Fries Variety of Veggies Fresh Fruit Bar Choice of Milk</p>	<p><b>17</b></p> <p>Spaghetti Chicken Parmesan w/Pasta Garlic Toast Buffalo Chicken Salad Chickpea Veggie Loaf Roasted Corn Variety of Veggies Fresh Fruit Bar Choice of Milk</p>	<p><b>18</b></p> <p>Spanish Rice &amp; Beans BBQ Chicken Sandwich Buffalo Chicken Salad Refried Beans Variety of Veggies Fresh Fruit Bar Choice of Milk</p>	<p><b>19</b> HOM - Cranberry</p> <p>Grilled Cheese Sandwich Philly Cheesesteak Whole Grain Dinner Roll Buffalo Chicken Salad Roasted Broccoli Variety of Veggies Fresh Fruit Bar Choice of Milk</p>	<p><b>20</b></p> <p>Homemade Cheese Pizza BBQ Chicken Drumstick Whole Grain Dinner Roll Buffalo Chicken Salad Steamed Green Beans Variety of Veggies Fresh Fruit Bar Choice of Milk</p>
<p><b>23</b></p>	<p><b>24</b></p>	<p><b>25</b></p>	<p><b>26</b></p>	<p><b>27</b></p>
<p><b>30</b></p>	<p><b>31</b></p>	<p><b>1</b></p>		

<b>PRICES</b>	Students	FREE
	Extra Milk	\$0.50
	Adults	\$5.00

**EXTRA INFO**

Milk Choice 1% and Chocolate Skim are included with meal.  
If you have any questions contact Steve Meak  
Email: smeak@eagleridgeacademy.org



Your **MENUS** plus more information on our app  
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