



Eagle Ridge Academy Lunch Menu

November
2024

Fresh Fruit and Vegetable Selections Available Daily
First Entrée is Vegetarian

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28	29	30	31	1
4	5 HOM - Rosemary Garden Pasta Alfredo Garlic Breadstick Beef Hot Dog on a Bun Turkey Wrap Garlic Rosemary Potatoes Variety of Veggies Fresh Fruit Bar Choice of Milk	6 Grilled Cheese Sandwich Walking Taco Lettuce, Tomato and Cheese Turkey Wrap Spiced Pinto Beans Variety of Veggies Fresh Fruit Bar Choice of Milk	7 Cheese Bosco Sticks Marinara Sauce Crispy Chicken Tenders Whole Grain Dinner Roll Turkey Wrap Roasted Broccoli Variety of Veggies Fresh Fruit Bar Choice of Milk	8 Cheese Pizza Country Fried Chicken and Gravy Whole Grain Dinner Roll Turkey Wrap Mashed Potatoes Glazed Carrots Variety of Veggies Fresh Fruit Bar Choice of Milk
11 French Toast Sticks Syrup Cheeseburger on WG Bun Chef Salad Whole Grain Dinner Roll Potato Oles Variety of Veggies Fresh Fruit Bar Choice of Milk	12 Macaroni & Cheese Chicken Patty Sandwich Whole Grain Dinner Roll Turkish Tortilla Hack Chef Salad Whole Grain Dinner Roll Baked Beans, Vegetarian Variety of Veggies Fresh Fruit Bar Choice of Milk	13 Cheese Bosco Sticks Marinara Sauce Philly Flatbread Turkish Tortilla Hack Chef Salad Whole Grain Dinner Roll French Fries Variety of Veggies Fresh Fruit Bar Choice of Milk	14 Chicken Potstickers Fried Rice Grilled Cheese Sandwich Chef Salad Whole Grain Dinner Roll Kung Fu Carrots Variety of Veggies Fresh Fruit Bar Choice of Milk	15 Cheese Pizza Chicken Parmesan w/Pasta Garlic Toast Chef Salad Whole Grain Dinner Roll Roasted Broccoli Variety of Veggies Fresh Fruit Bar Choice of Milk
18 Lasagna Rollup with Sauce Garlic Breadstick Jambalaya Chicken Caesar Salad Whole Grain Dinner Roll Steamed Broccoli Variety of Veggies Fresh Fruit Bar Choice of Milk	19 Grilled Cheese Sandwich Italian Meatball Sub Chicken Caesar Salad Vegetable Tortilla Hack Whole Grain Dinner Roll Baked Beans, Vegetarian Variety of Veggies Fresh Fruit Bar Choice of Milk	20 Macaroni & Cheese Whole Grain Dinner Roll Cheeseburger on WG Bun Chicken Caesar Salad Whole Grain Dinner Roll Steamed Broccoli Variety of Veggies Fresh Fruit Bar Choice of Milk	21 Cheese Bosco Sticks Marinara Sauce Popcorn Chicken Bowl Whole Grain Dinner Roll Chicken Caesar Salad Whole Grain Dinner Roll Mashed Potatoes Variety of Veggies Fresh Fruit Bar Choice of Milk	22 Cheese Pizza Beef Chili Cornbread Bowl Chicken Caesar Salad Whole Grain Dinner Roll Steamed Green Beans Variety of Veggies Fresh Fruit Bar Choice of Milk
25 Veggie Burger Crispy Chicken Nuggets Whole Grain Dinner Roll Buffalo Chicken Wrap French Fries Variety of Veggies Fresh Fruit Bar Choice of Milk	26 HOM - Sweet Potato Grilled Cheese Sandwich Roast Turkey & Gravy Mashed Potatoes Turkey Munchable Sweet Potato Puffs Variety of Veggies Fresh Fruit Bar Choice of Milk	27	28	29

PRICES	Students	FREE	EXTRA INFO
	Extra Milk	\$0.50	
	Adults	\$5.00	

Milk Choice 1% and Chocolate Skim are included with meal.
If you have any questions contact Steve Meak
Email: smeak@eagleridgeacademy.org



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Menus are subject to change without notice. This Institution is an equal opportunity provider.