

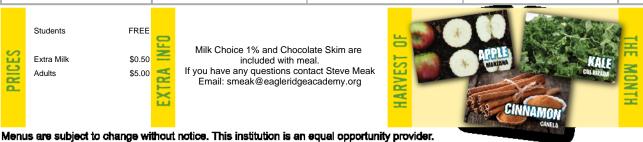
October 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
30	1	2	3	4
	Bean & Cheese Quesadilla Crispy Chicken Sandwich Turkey & Cheese Flatbread Munchable Baked Beans, Vegetarian Variety of Veggies Canned Fruit Bar Choice of Milk	Grilled Cheese Sandwich Chicken Potstickers Chicken Fried Rice Turkey & Cheese Flatbread Munchable Glazed Carrots Variety of Veggies Canned Fruit Bar Choice of Milk	Cheese Bosco Stick Marinara Sauce Fish Sandwich w/Cheese Turkey & Cheese Flatbread Munchable French Fries Variety of Veggies Canned Fruit Bar Choice of Milk	Cheese Pizza Chicken, Leek & Penne Bake Garlic Toast Turkey & Cheese Flatbread Munchable Roasted Broccoli Variety of Veggies Canned Fruit Bar Choice of Milk
7	8	9	10 HOM - Apples & Cinnamon	11
Macaroni & Cheese Whole Grain Dinner Roll BBQ Chicken Sandwich Chef Salad Whole Grain Dinner Roll Collard Greens Variety of Veggies Canned Fruit Bar Choice of Milk	Arroz Con Queso Crispy Chicken Tenders Chef Salad Whole Grain Dinner Roll Roasted Honey Cinnamon Chickpeas Variety of Veggies Canned Fruit Bar 1% Unflavored Milk	Grilled Cheese Sandwich Cheeseburger on a Bun Chef Salad Baby Carrots Variety of Veggies Canned Fruit Bar 1% Unflavored Milk	Cheese Pizza Popcorn Chicken Bowl Chef Salad Whole Grain Dinner Roll Mashed Potatoes Gravy Variety of Veggies Canned Fruit Bar 1% Unflavored Milk	NO SCHOOL
14	15	16	17	18
NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL
21	22	23	24	25 HOM - Kale
Macaroni & Cheese	D T	Orillad Obassa Osardoriah		
Wacaroni & Cheese Whole Grain Dinner Roll Corn Dog Furkey Deli Sandwich French Fries Variety of Veggies Canned Fruit Bar Banana Choice of Milk	Bean Taco Chicken Tacos Turkey Deli Sandwich Roasted Broccoli Variety of Veggies Canned Fruit Bar Choice of Milk	Grilled Cheese Sandwich Chicken Potstickers Chicken Fried Rice Turkey Deli Sandwich Glazed Carrots Variety of Veggies Canned Fruit Bar Choice of Milk	Cheese Bosco Stick Marinara Sauce Cheeseburger on a Bun Turkey Deli Sandwich Baked Beans, Vegetarian Variety of Veggies Canned Fruit Bar Choice of Milk	Cheese Pizza BBQ Chicken Legs Whole Grain Dinner Roll Turkey Deli Sandwich California Blend Vegetable Variety of Veggies Canned Fruit Bar Choice of Milk
Whole Grain Dinner Roll Corn Dog urkey Deli Sandwich French Fries Variety of Veggies Canned Fruit Bar Banana	Chicken Tacos Turkey Deli Sandwich Roasted Broccoli Variety of Veggies Canned Fruit Bar	Chicken Potstickers Chicken Fried Rice Turkey Deli Sandwich Glazed Carrots Variety of Veggies Canned Fruit Bar	Marinara Sauce Cheeseburger on a Bun Turkey Deli Sandwich Baked Beans, Vegetarian Variety of Veggies Canned Fruit Bar	BBQ Chicken Legs Whole Grain Dinner Roll Turkey Deli Sandwich California Blend Vegetable Variety of Veggies Canned Fruit Bar
Whole Grain Dinner Roll Corn Dog Urkey Deli Sandwich French Fries Variety of Veggies Canned Fruit Bar Banana Choice of Milk	Chicken Tacos Turkey Deli Sandwich Roasted Broccoli Variety of Veggies Canned Fruit Bar Choice of Milk	Chicken Potstickers Chicken Fried Rice Turkey Deli Sandwich Glazed Carrots Variety of Veggies Canned Fruit Bar Choice of Milk	Marinara Sauce Cheeseburger on a Bun Turkey Deli Sandwich Baked Beans, Vegetarian Variety of Veggies Canned Fruit Bar Choice of Milk	BBQ Chicken Legs Whole Grain Dinner Roll Turkey Deli Sandwich California Blend Vegetable Variety of Veggies Canned Fruit Bar Choice of Milk

Students FREE \$0.50 \$5.00

Milk Choice 1% and Chocolate Skim are included with meal.

If you have any questions contact Steve Meak Email: smeak@eagleridgeacademy.org



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