



Eagle Ridge Academy Lunch Menu

August
2024

Fresh Fruit and Vegetable Selections Available Daily
First Entrée is Vegetarian

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|--|---|--|--|
| 29 This is for Food 4 Thought | 30 | 31 | 1 | 2 |
| 5 | 6 HOM - Basil | 7 | 8 | 9 |
| 12 | 13 | 14 HOM - Sweet Peppers | 15 | 16 |
| 19 Veggie Burger Queso Chicken and Spanish Rice Buffalo Chicken Salad Steamed Corn Variety of Veggies Fresh Fruit Bar Choice of Milk | 20 Toasted Cheese Sandwich Crispy Chicken Sandwich Buffalo Chicken Salad Mashed Potatoes Gravy Variety of Veggies Fresh Fruit Bar Choice of Milk | 21 Lasagna Rollup with Sauce Chicken Alfredo w/Pasta Garlic Breadstick Buffalo Chicken Salad Roasted Broccoli Variety of Veggies Fresh Fruit Bar Choice of Milk | 22 Cheese Bosco Stick Marinara Sauce Chicken Potstickers Chicken Fried Rice Buffalo Chicken Salad Kung Fu Carrots Variety of Veggies Fresh Fruit Bar Choice of Milk | 23 Cheese Pizza Crispy Chicken Tenders Whole Grain Dinner Roll Buffalo Chicken Salad Baked Beans, Vegetarian Variety of Veggies Fresh Fruit Bar Choice of Milk |
| 26 Macaroni & Cheese Cheeseburger on a Bun Chicken Caesar Wrap French Fries Variety of Veggies Fresh Fruit Bar Choice of Milk | 27 Bean Walking Taco Beef Walking Taco Chicken Caesar Wrap Spiced Pinto Beans Variety of Veggies Fresh Fruit Bar Choice of Milk | 28 HOM - Peach Grilled Cheese Sandwich Beef Hot Dog on a Bun Chicken Caesar Wrap Steamed Carrots Variety of Veggies Fresh Fruit Bar Choice of Milk | 29 Popcorn Chicken Bowl Whole Grain Dinner Roll Cheese Bosco Stick Marinara Sauce Chicken Caesar Wrap Mashed Potatoes Variety of Veggies Fresh Fruit Bar Choice of Milk | 30 |

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|---------------|------------|--------|-------------------|
| PRICES | Students | FREE | EXTRA INFO |
| | Adults | \$5.00 | |
| | Extra Milk | \$0.50 | |

Milk Choice 1% and Chocolate Skim are included with meal.
If you have any questions contact Steve Meak
Email: smeak@eagleridgeacademy.org



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